

8am-2pm

ENGLISH MUFFIN TOASTED MUFFIN SPREAD (<i>choice of one</i>) MARMITE OR PEANUT BUTTER OR JAM	8
MUNCHKIN SCRAMBLE (<i>gfo</i>) KIDS STYLE BACON SCRAMBLED EGGS GRILLED HOUSE BREAD	12
EGGS YOUR WAY (<i>gfo</i>) POACHED OR FRIED OR SCRAMBLED GRILLED HOUSE BREAD	15
EGGS BENNY <i>Single / Double</i> (<i>gfo</i>) BACON OR AVOCADO SMOKED SALMON +\$2 TOASTED MUFFIN SAUTEED BABY SPINACH HOMEMADE HOLLANDAISE SAUCE	17/25
SMASHED AVO & FETA <i>Single / Double</i> (<i>gfo</i>) POACHED EGG DUKKAH BALSAMIC REDUCTION GRILLED HOUSE BREAD	15/24
HOUSE MADE WAFFLES <i>Kids / Regular</i> (<i>v</i>) FRUIT COMPOTE BANANA YOGHURT MAPLE SYRUP OPTION: BACON OR BANANA	11/24
SMOOTHIE BOWL (<i>gf/v</i>) CHOOSE FROM: THE NUT JOB DRAGON THE ACAI ONE BLUE MAGIC TROPICAL GREEN ROOM TOPPED WITH GRANOLA COCONUT FRESH FRUIT FREEZE DRIED RASPBERRIES	22
THE FULL FIKĀ MIXED GRILL <i>Regular / Double</i> (<i>gfo</i>) SAUSAGE BACON HASHBROWN EGGS HOLLANDAISE GRILLED HOUSE BREAD MUSHROOMS RELISH	30/48
SAUTÉED CREAMY MUSHROOMS (<i>gfo</i>) POACHED EGG GRILLED HOUSE BREAD	24
BAO BUNS CHICKEN GOCHU JANG STICKY SAUCE ASIAN SALAD	19
CHICKEN CAESAR SALAD (<i>gfo/vo</i>) COS LETTUCE BACON CROUTONS ANCHOVIES EGG CAESAR DRESSING (HALLOUMI OPTION AVAILABLE)	27
BEER BATTERED MARKET FISH (<i>gfo</i>) BEER BATTERED FRIES TARTARE SAUCE LEMON GARDEN SALAD	32
BACON & CHEESEBURGER (<i>gfo</i>) BEEF PATTIE CHEESE BURGER SAUCE PICKLES BRIOCHE BUN SHOESTRING FRIES	28
CHICKEN BURGER (<i>gfo</i>) GRILLED CHICKEN BACON AVO BRIOCHE BUN SHOESTRING FRIES	28
MARKET FRESH FISH PUTTANESCA (<i>gfo</i>) (<i>tomato, caper & olive sauce</i>) PAN FRIED PUTTANESCA SAUCE TOASTED BREAD SEASONAL SALAD	29
ADD ON OPTIONS EGGS(2) BACON HASHBROWN MUSHROOMS HALLOUMI	+5
OPTIONAL GLUTEN FREE BREAD OR BUN	+2

gf - gluten free / df - dairy free / v - vegetarian / o - option

We can not guarantee that our gluten free options are 100% gluten free